

Suggested Inspire therapy webpage content

What is Inspire® therapy?

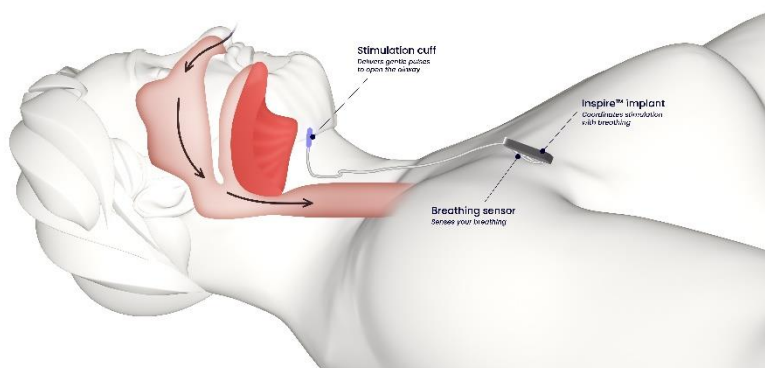
Inspire therapy is a mask-free¹ solution for people with obstructive sleep apnea (OSA) who have tried and struggled with CPAP. Through a simple-to-use system including the Inspire® implant, Inspire™ remote and Inspire® app, Inspire therapy enables you to control your OSA treatment from the palm of your hand.



("What is Inspire therapy" video)

How does Inspire therapy work?

During sleep, your tongue relaxes. For people with OSA, your tongue relaxes into a position that blocks your airway. While other OSA therapies use a hose and mask to force air through your airway, the Inspire implant works comfortably² inside your body to sense when you take a breath. Then, it delivers gentle pulses that move your tongue forward to keep your airway open, helping you breathe regularly and sleep soundly. Simply use the small handheld Inspire® remote to turn your therapy on when you're ready to sleep.



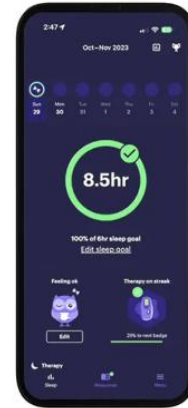
("Inspire system with arrows" image)



The Inspire implant keeps your airway open while you sleep, so you can breathe regularly and sleep soundly.



The handheld Inspire remote simply turns on your therapy when you're ready to sleep. No mask or hose required.



The Inspire app tracks your sleep goals and allows you to share data directly with your doctor.

Is Inspire therapy right for you?

To be a candidate for Inspire therapy, you must meet the following FDA indications:

- Age 18 or older
- Diagnosed with moderate to severe OSA
- Have tried and struggled with CPAP

Get Started!

The first step is to schedule a consultation with our team. We'll discuss your current therapy, provide details on Inspire therapy and answer your questions.

[Insert contact information]

1. ADHERE Registry: Data on File
2. Suurna MV, Steffen A, Boon M, et al. Impact of Body Mass Index and Discomfort on Upper Airway Stimulation: ADHERE Registry 2020 Update. Laryngoscope 2021; 131(11): 2616-2624

Other Content to Consider for the Page:

- Patient quotes/testimonials (with or without images)
- Physician/team introduction (with images)
- FAQs
- Additional photos

Inspire is not for everyone. It is a surgically implanted system that is intended to treat obstructive sleep apnea in patients who are not effectively treated by, or able to tolerate CPAP. Talk to your doctors about risks, benefits and expectations associated with Inspire. Risks associated with the surgical implant procedure may include infection and temporary tongue weakness. In rare cases tongue paresis and

atrophy may occur. Some patients may require post implant adjustments to the system's settings in order to improve effectiveness and ease any initial discomfort they may experience. Important safety information and product manuals can be found at inspiresleep.com/safety-information/ or call 1-844-OSA-Help.

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